








Soups, Salads & Starters

- Soup of the Day** simply inspired, but not always vegetarian, please ask your server 7.
- Manhattan Chowder** prawn, scallop, mussel, tomato & fennel cream, herb croutons 9. 
- Mussels & Frites** west coast mussels, saffron & tomato broth, roast garlic mayo 10. 
- Crab & Shrimp Cakes** pea greens & frisee, lemon mousseline, red pepper oil 12.
- Prawns** pan seared, bacon lardoons, pernod cream, fennel & citrus salad 10. 
- Calamari** lightly battered & fried, house onion rings, sweet soy & wasabi mayo 10.
- Manhattan Greens** dried cranberries, vegetable chips, feta, fennel, white balsamic & orange vinaigrette 9.
- Romaine Heart West Coast** grilled, bacon lardons, cherry tomato salsa, garlic & parmesan dressing 8.
- Romaine Heart Classic** garlic & parmesan dressing, herb croutons 8.
- Spinach Salad** roast tomatoes, fried chickpeas, sultanas, carrot, toasted almonds, warm curry vinaigrette 9.
- Chicken Salad** maple dijon marinade, crisp pancetta, green apple, celery, candied walnuts, cider dressing 14.
- Salad Enhancements** chicken, prawns, salmon 5.

Mains

All sandwiches served with choice of daily soup, salad or fries

- Beef Burger** 7 oz. house made, bacon, smoked provolone, chipotle mayo, lettuce, tomato, red onion, pickle 13.
- Vegetarian Burger** grilled portobellini mushroom, vegetable patty, smoked gruyere, tomato relish 12.
- Downtown Club** roast turkey, bacon, lettuce, tomato, avocado, red onion, cranberry mayo, Portuguese bun 14.
- Home Style Lasagna** rustic tomato sauce, basil oil 13.
- Spaghetti & Meatballs** bocconcini, tomato & olive oil sauce 12.
- Thin Crust Pizza** mozzarella, slow roasted tomato sauce, olive oil brushed 12.
Choose 3 toppings: salami, ham, chicken, pineapple, red onions, mushrooms, tomato
- Eggplant Cannelloni** cheese, spinach, artichoke, grilled portobellini mushroom, house tomato sauce 12.
- Herb Scented Chicken Breast** pan roasted, mushroom risotto, baked tomato, watercress salad 22.
- Bouillabaisse** prawns, scallops, clams, mussels, sable fish, steamed new potatoes, aromatic saffron broth 25. 
- Sterling Silver Beef Striploin** 10 oz., truffle creamed potato, sautéed mushrooms, petite salad & fries 34.
- Lamb Shank** white bean & tomato bake, grilled artichokes, pancetta, buttered spinach, roast garlic aioli 23.
- Duck Leg Confit** celeriac & potato press, green beans, caramelized baby carrots, red wine reduction 23.
- Grilled Sockeye Salmon** creamed leek & potato, beet pearls, fennel & pea shoot salad, lemon sabayon 22. 

Desserts

- Manhattan Cheese Cake** strawberry preserve, basil syrup, vanilla whip 8.
- Caramelized Apple Bread Pudding** caramel gelato swirl, pecan crunch, maple & whisky sugar sauce 8.
- Chocolate Box** chocolate layer cake, grand marnier cream sauce, vanilla gelato, hazelnut & cocoa crumbs 8.
- Lemon & Cardamom Crème Brulee** crisp sugar glaze, almond snap cookie 8.
- Blondie Obsession** espresso soaked sponge cake, banana & fudge gelato, caramel sauce 8.
- Local & Imported Cheeses** sweet grapes, dried fruit, assorted artisan crackers 10.

Our Kitchen Is Your Kitchen should you wish an item not found on our menu, please tell your server and we will do our best to accommodate your special request